Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Monday 07 Feb 2022 until 23:59 on Tuesday 08 Feb 2022

Forecast Issued on Sunday 06 Feb 2022 at 16:02 by Met Office Aberdeen

Confidence: High for milder conditions with light rain on Monday and for transition to cold showery weather from Tuesday.Low for the poorer conditions on Thursday.

Headline for Monday 07 Feb 2022: Much milder but with some rain an extensive low cloud. Severe gales over the summits.

Mountain weather hazards on Monday 07 Feb 2022

Blizzards Low Likelihood	**Heavy persistent snow** Low Likelihood	**Storm force winds** Medium Likelihood
Gales High Likelihood	**Severe chill effect** High Likelihood	**Poor visibility** High Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** Low Likelihood	**Strong sunlight** No Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Cloudy	Cloudy	Sleet	Light rain	Heavy Rain	Heavy Rain	Sleet showers (night)
Precipitation probability							
10%	00%	20%	50%	70%	70%	80%	40%

Forecast for Monday 07 Feb 2022

Weather: A dry start to the day over Ben Wyvis and the Caithness hills, but outbreaks of rain, preceded briefly by snow, will spread east across all ranges during the morning. The rain will ease off for a time in the afternoon before further rain spreads from the northwest, this becoming heavy at times. The rain will clear to showers during the evening, these heavy at times and turning to snow over the highest summits.

Chance of cloud-free hill tops above 800m: 80% soon becoming 10% or less, becoming 40% during the evening.

Low cloud and visibility: Clouds well broken and above the summits at first, but extensive cloud forming above 300 meters in the rain, with patches down to 200 meters around western coastal ranges. The cloud will be more patchy at times across Ben Wyvis, and will turn more patchy across all ranges during the evening.

Check our weather forecast every day to get the most accurate and up to date information
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Met Office Mountain Weather Forecast

Forecast for Monday 07 Feb 2022

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	26/31 W	19/23 W	26/31 SW	41/50 S	49/63 SW	50/65 SW	43/57 W	40/53 W	40/54 W
900	24/30 W	18/22 W	25/30 SW	39/48 S	46/59 SW	46/61 SW	40/54 W	37/51 W	38/52 W
600	14/20 W	12/16 SW	14/20 SW	25/35 S	29/44 SW	32/47 SW	28/43 W	25/39 W	27/41 W
300	3/21 NW	3/15 W	3/19 SW	6/29 SW	9/41 SW	10/44 SW	13/42 W	10/37 W	11/38 W
Glen	8/17 NW	3/8 W	5/14 S	8/24 S	17/37 SW	21/44 SW	19/38 W	14/30 W	15/32 SW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	-4/-12	-4/-11	-4/-12	-2/-12	1/-8	2/-6	2/-7	-1/-10	-2/-11
900	-3/-11	-3/-10	-3/-11	-2/-11	2/-7	3/-5	2/-6	-0/-9	-1/-10
600	-1/-6	-1/-6	-1/-6	0/-7	4/-2	5/-1	4/-2	2/-4	2/-6
300	1/-2	-0/-2	1/-1	2/-1	4/2	6/4	6/3	4/1	4/0
Glen	4/1	2/1	4/2	5/2	8/4	9/5	9/5	7/3	6/2
Freezing Level*	300m	300m	400m	700m	1600m	1900m	1400m	800m	800m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Milder than of late, but feeling bitterly cold in the severe gales over the summits, with poor visibility making navigation difficult. Snow melt will lead to west conditions under foot over the lower slopes, and slippery conditions over the higher slopes and summits.

Forecast for Tuesday 08 Feb 2022
Weather: A brighter day with a mixture of sunny spells and showers, these most frequent in the west with snow over the higher slopes and summits, leading to temporary blizzard like conditions. Fewer showers towards Ben Wyvis with more in the way of sunshine.

Maximum wind: West to southwesterly 35 gust 50 mph.

Chance of cloud-free hill tops above 800m: 40%, locally 60% over eastern ranges.

Low cloud and visibility: Rapid deteriorations in the showers with very poor visibility and cloud down to 300-400 meters. Good visibility outside of the showers, although cloud may be slow to clear from the summits.

Temperature: **Glens:** Plus 6
At 800m: Minus 1
Freezing level: 600-800 meters

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